# Tracy Miller

# Madison Middle School

Lesson #3/Task #6

**Date:** 10-14-2015

Grade/subject: 6th grade/health

# **Lesson Topic: Tobacco**

#### INSTRUCTIONAL OBJECTIVES/ STUDENT OUTCOMES

- Students will be able to list short term and long term side effects of tobacco use.
- Students will be able to explain what ETS is and why it is harmful.
- Students will be able to explain why people smoke and how to prevent getting pressured into smoking.

#### WV CSOs

**HE.6.1.02** list short-term and long-term effects of alcohol, drugs, and tobacco.

**HE.6.2.05** describe how peers, school, and community can impact personal health practices and behaviors.

**HE.6.5.01** identify health-related situations that require healthy decisions (risky behaviors)

#### NATIONAL STANDARDS

**HES 1:** Students will comprehend concepts related to health promotion and disease prevention.

**HES 5:** Students will demonstrate the ability to use interpersonal communication skills to enhance health.

#### MANAGEMENT FRAMEWORK

**Overall time: 45 minutes** 

Introduction: 10 minutes (pretest and demonstration)
Activity: 25 minutes ("KWL"/ Internet research)
Closure: 10 minutes (discussion/assessment)

#### **STRATEGIES**

Teacher/student led discussion, independent/group practice, guided instruction, teacher modeling/demonstration, and student research online.

#### DIFFERENTIATED INSTRUCTION/ ADAPTATIONS/ INTERVENTIONS

- <u>Learning disabilities:</u> Modified instruction- I will ask them simpler questions and if needed a partner to work with.
- <u>Attention differences:</u> I will offer guided instruction to keep the students on task, focused, and interested in the lesson.
- Physical differences: I will allow added time for the exercises.
- <u>Sensory differences:</u> I will have a variety of ways to deliver the content.
- Online internet sites with pictures, videos, and games for visual learners.
- Lecture, discussion, and recordings on the inter site provided that reads the information for auditory learners.
- Hands on activities for kinesthetic learners. (Kahoot, KWL chart, and games)

## **PROCEDURES**

#### **Introduction/ Lesson Set**

- I will give the students a pretest at the beginning of the lesson to accesses prior knowledge of the topic.
- Next, I will explain the KWL chart. (How to use it, what it is for, and why to use it.)
- Most of the students have used a KWL chart before. (I asked before hand)
- I will explain the activity they will be doing and the objectives.

## **Body & Transitions**

- I will give each student a KWL chart with the internet sites I want them to use located at the top.
- 1. http://kidshealth.org/kid/watch/house/smoking.html
- 2. http://www.cdc.gov/tobacco/basic information/youth/index.htm
- 3. http://www.pamf.org/teen/risk/smoking/whatis.html
- As a class we will fill in the first column. (What I know about tobacco)
- I will ask students what they think they know about tobacco.
- I will have them to write in their answers on the KWL chart.
- Next, I will go over the questions I have already listed under W.
- Mrs. Barker thought it would be a good idea to go ahead a list the questions that she wants them to look up.
- So under W- what I want to know and learn the following is listed
- 1. How many chemicals are in tobacco? List at least 3
- 2. What type of illnesses can tobacco cause?
- 3. List 2 long term side effects of tobacco use?
- 4. List 2 short term side effects of tobacco use?
- 5. What is smokeless tobacco?

- 6. What is Nicotine?
- 7. Is smokeless tobacco harmful?
- 8. What is environmental tobacco smoke? (ETS)
- 9. Why does smoking shorten your life? By how much?
- 10. List three ways to refuse tobacco?
- I will explain to the students that while they are learning and researching about tobacco they will need to answer these questions.
- I will also tell the students that at the end of the lesson we will be discussing everyone's findings about tobacco.
- I will also say that if they want to add their personal questions and share with the class what they found that is ok with me.
- I will do the very first question with the class and then answer it under the (L) column to demonstrate what they are supposed to do.
- So under (W) one of the questions is, "what types of illness can tobacco cause?"
- I will then demonstrate how to find the answer on the first website I have provided.
- Next, I will read aloud that section and then write the answer into the (L) column for the class to see. (Emphysema)
- I will explain to the students that this is like a scavenger hunt. You must read the passages to find the answers.
- The questions and answers came directly from the sites and they should have no trouble finding the answers.
- Each student will be working alone at their own computers unless I find it necessary to put them in groups.

#### Closure

- Near the end of the class I will go over each question first and ask for the answers from random students.
- Then I will let the students talk about any of their findings they would like to share.
- If there is enough time I would like to play the kahoot game that I created on tobacco.
- I will give the students a posttest. This is the same test that I used in the beginning of the lesson. (see attachment)

#### **ASSESSMENT**

#### **Diagnostic:**

I will do a diagnostic assessment at the beginning of the lesson. I will be giving students a pretest of multiple choice questions on tobacco. I will also be giving students a KWL chart to fill out.

**Formative:** I will be walking around the computer lab and assessing students as they write and do their research on the internet. I will be offering help if needed.

**Summative:** The summative assessment will be done several ways. I will be assessing students through discussions, their work on the KWL charts, and a multiple choice posttest.

#### **MATERIALS**

- 30 KWL charts
- Internet access

- 30 computers
- These websites listed below
- Kahoot game
- Students health textbooks
- Pre and posttest
- <a href="http://kidshealth.org/kid/watch/house/smoking.html">http://kidshealth.org/kid/watch/house/smoking.html</a>
- http://www.cdc.gov/tobacco/basic\_information/youth/index.htm
- http://www.pamf.org/teen/risk/smoking/whatis.html

#### **EXTENDED ACTIVITIES**

#### **If Student Finishes Early**

I will have this student to look up and write down health facts and statistics on tobacco products. Then share with the class his or her findings.

### **If Lesson Finishes Early**

Students will go online to <a href="https://quizlet.com/2092364/chapter-16-tobacco-flash-cards/">https://quizlet.com/2092364/chapter-16-tobacco-flash-cards/</a> and go through all the flash cards, games, and tests about tobacco.

# If Technology Fails

If technology fails I would have the students to take turns reading aloud from their text about tobacco. After reading I would have them to demonstrate how to help someone quit smoking. This is all in the chapter of their textbooks.